

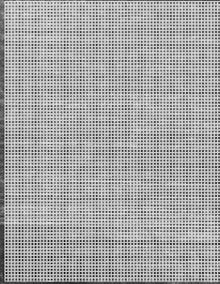
Insect #1



Plastic Canvas Pattern

🏆🏆🏆 Beginner Pattern

What You'll Need



Plastic Canvas

1 Sheet
10.5" x 13.5"



Tapestry Needle #18
Metal or Plastic

Additional Items

- Scissors
- Needle Threader (optional)

Acrylic Yarn Medium 4



Purple



Hot Orchid



Hot Rose



Pink



Jelly Bean



Limelight



Turquoise



White

Hey there!

I'm Robb, the creator of this craft kit—thanks so much for giving it a try! Whether you picked it out yourself or got it as a gift, I'm really glad it's in your hands.

If you have any questions or need anything along the way, don't hesitate to reach out!



email: craft@8bitcompany.com

instagram: [8bitcraftkits](https://www.instagram.com/8bitcraftkits)

8bitcrafts.com

Included in this download

- Material List
- Practice Kit Material List
- Plastic Canvas Instructions
- Color Key & Yarn Guide
- Plastic Canvas Cut Guide
- Step by Step Guide

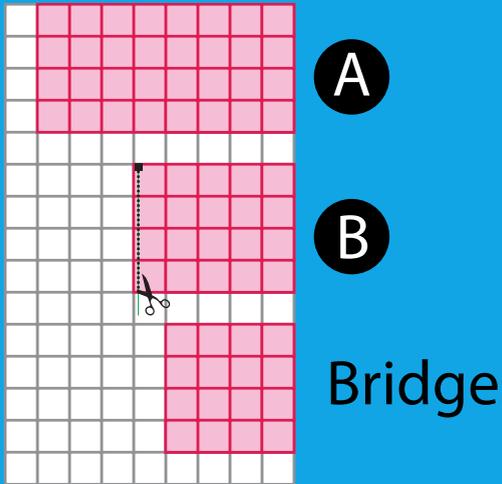
Before You Begin

Dive into the practice kit tutorial and discover the secrets of the scotch stitch and bridge system. With step-by-step instructions, you'll create your own practice kit and be on your way to mastering these essential techniques.

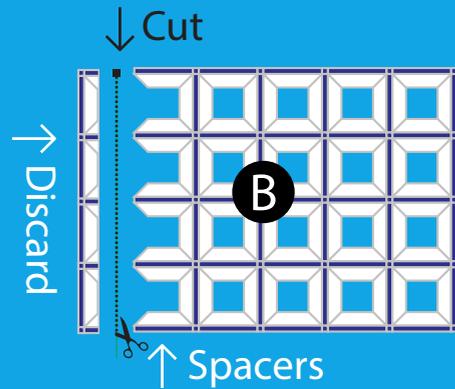
Instructions

Practice Kit Materials

1. Cut out Pieces A, B and Bridge



2. Trim Piece B as shown



Create your Practice Kit

On the following pages, you will use a practice kit to learn the various techniques required for your kit.

To get started, gather the materials listed on the right and use the instructions provided to make your plastic canvas pieces.

This tutorial will also teach you about a unique "bridge system" used by some of our kits to join the plastic canvas. However, not all of our kits require this system.

Materials Needed

- Plastic Canvas
- Acrylic Yarn
- Scissors
- Tapestry Needle

 If you're someone who learns better by watching, we've got a handy video tutorial for you.

Visit 8bitcrafts.com/plastic-canvas-help to follow along.

Instructions

You're going to be a pro in no time! After you complete this quick guide, you'll take everything you learned with the practice kit and apply it to your full kit. Get ready to create something amazing!

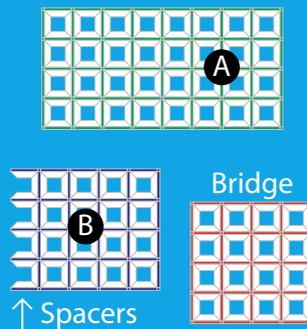
You will learn the following:

1. Threading a Needle
2. Basic Scotch Stitch Pattern
3. Starting a Stitch
4. Using Canvas Bridge
5. Basic Overcast Stitch Pattern

Practice Kit

What's Included:

- Plastic Canvas Part A
- Plastic Canvas Part B
- Plastic Canvas Bridge
- Yarn



Threading a Needle

Your first task is to thread a needle. If you purchased one of our kits we've made this easy for you by including a needle threader.

1. Choose the needle you want to use. Both work great and have blunt tips. We recommend the plastic needle for children.
2. Take the needle threader and stick the wire end through the eye of your needle (fig.1).
3. Take a piece of yarn from the practice kit, any color will do, and insert it through the metal wire of the needle threader (fig. 2).
4. Pull the plastic end of the needle threader through the eye of your needle, and your needle is now threaded.
5. Pull about 2 inches through the needle to give yourself something to hold onto while stitching.

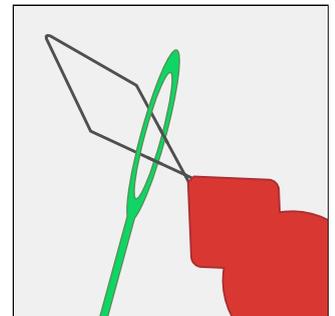


fig. 1

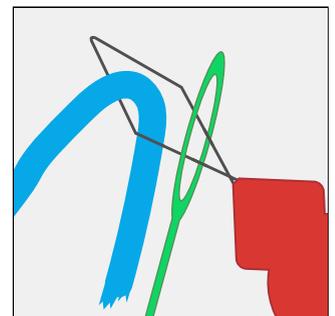


fig. 2

Instructions

Basic Scotch Stitch Pattern

Our kits use this one specific stitch pattern throughout. It's a great way to fill in solid colors and give a uniform look. To use it, refer to the diagram on the right (fig. 3) and use the numbers to guide you through the pattern. The purple numbers (1,3,5,7,9) are stitched up from the back and the green numbers (2,4,6,8,10) are stitched down from the top.

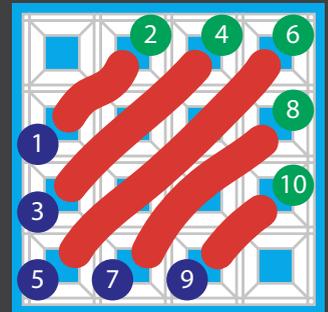


fig. 3

When you put two Scotch Stitches next to each other, you will be using the same holes for the adjoining side. See the yellow highlighted section on the image to the right (fig. 4). Make sure you don't leave a gap between stitches on the plastic canvas.

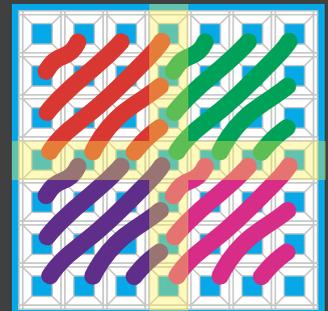


fig. 4

⚠ It's important to make sure not to leave any gaps between stitches on the plastic canvas.

Starting a Stitch

Now that your needle is threaded, you're ready to start a stitch on a new canvas. To do this, grab the plastic canvas piece (A) in your practice kit in one hand and your needle in the other hand, making sure the thread is secured.

Using the Scotch Stitch pattern you learned (fig. 3) from the previous lesson, come from the back into the position (1) spot. Keep in mind that figures 5 and 6 are viewed from the back and figure 3 is viewed from the top.

Pull the yarn through and leave about a 1-inch tail on the backside of the canvas (fig. 5). Continue with your Scotch Stitch, making sure your stitching is covering the 1-inch tail to effectively lock in the yarn (fig. 6). Then, trim any excess yarn with the included scissors.

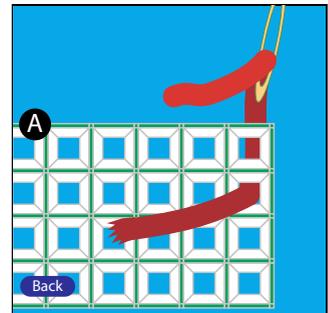


fig. 5

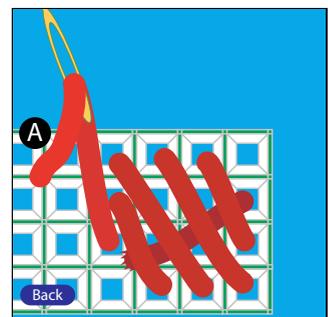


fig. 6

💡 A helpful tip: if you're starting a Scotch Stitch next to a previous stitch, you can simply start the stitch by sliding your needle under a few stitches on the back side to lock it in.

Instructions

Using Canvas Bridge

This practice kit uses a special technique called the "bridge system" to connect multiple pieces of plastic canvas together (fig. 7). This system makes it easier to work on larger projects and overcome the size limitations of plastic canvas.

Not all kits use the bridge system, but you can practice this technique using the practice kit. Follow the steps in the "Bridge Process Overview" to get started.

When using the bridge system, it's important to pay attention to the "bridge overlap" (fig. 8) and make sure not to stitch in this area until you're ready to connect the pieces. It's also important to make sure you're stitching on the correct side of the canvas, as it's easy to accidentally flip the design and prevent the pieces from matching up.

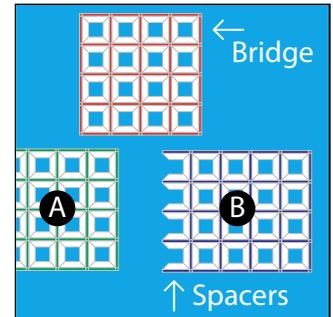


fig. 7

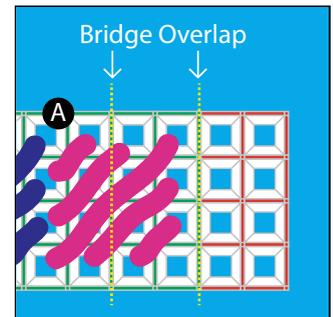


fig. 8

Bridge Process Steps

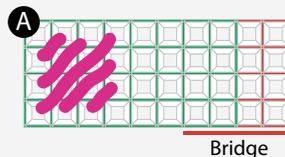
1

Complete a stitch as normal on part (A).



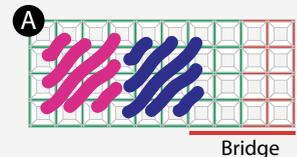
2

Take the bridge and slide it under the last two columns of part (A).



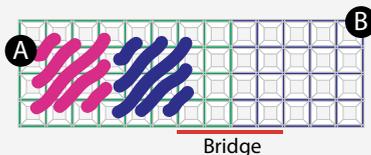
3

Complete a second stitch on part (A) and "lock" in the bridge.



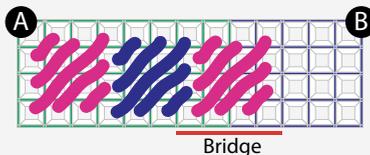
4

Position part (B) over the bridge and next to part (A).



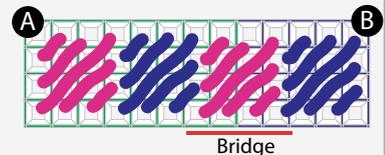
5

Complete a third stitch to lock part (A) to part (B) using the bridge.



6

Finish the bridging process by adding in the final stitch to part (B).



Instructions

Ending a Stitch

When you're running out of yarn or want to change colors, you'll need to end the current stitch and anchor it under previous stitches.

To do this, finish the current stitch as usual, then use the needle to guide the yarn under your previous stitch (fig. 9). Then cut the yarn to lock the stitch in place (fig. 10).

A helpful tip is to put slight tension on the yarn before cutting it. This will help the cut piece slide under the previous stitch, creating a cleaner appearance.

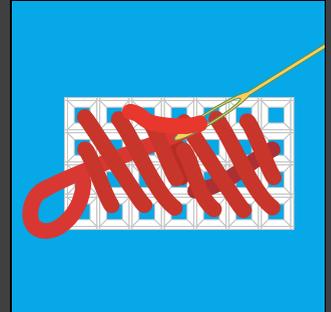


fig. 9



fig. 10

Basic Overcast Stitch Pattern

The "Overcast Stitch" is a technique used to cover up the plastic canvas edges on the sides of your design. This will give your piece a clean and finished look and helps stabilize kits that use plastic canvas bridges.

The pattern on the right (fig. 11) will show you how to apply the Overcast Stitch to flat sides and corners. You start and stop an Overcast Stitch in the same way you do a Scotch Stitch.

Make sure to do 3 wraps per corner (fig. 12) to help hide the plastic canvas from the corners.

To finish your practice kit, use the Overcast Stitch around the entire border.

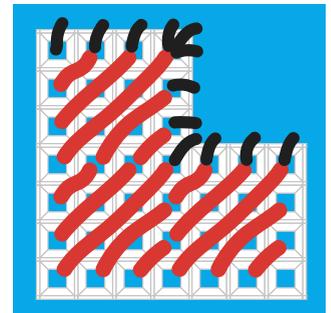


fig. 11

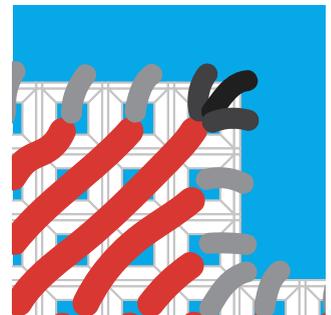


fig. 12

Instructions

Ending a Stitch

When you're running out of yarn or want to change colors, you'll need to end the current stitch and anchor it under previous stitches.

To do this, finish the current stitch as usual, then use the needle to guide the yarn under your previous stitch (fig. 9). Then cut the yarn to lock the stitch in place (fig. 10).

A helpful tip is to put slight tension on the yarn before cutting it. This will help the cut piece slide under the previous stitch, creating a cleaner appearance.

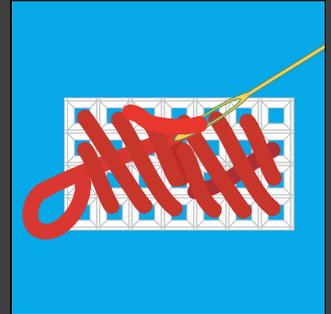


fig. 9



fig. 10

Basic Overcast Stitch Pattern

The "Overcast Stitch" is a technique used to cover up the plastic canvas edges on the sides of your design. This will give your piece a clean and finished look and helps stabilize kits that use plastic canvas bridges.

The pattern on the right (fig. 11) will show you how to apply the Overcast Stitch to flat sides and corners. You start and stop an Overcast Stitch in the same way you do a Scotch Stitch.

Make sure to do 3 wraps per corner (fig. 12) to help hide the plastic canvas from the corners.

To finish your practice kit, use the Overcast Stitch around the entire border.

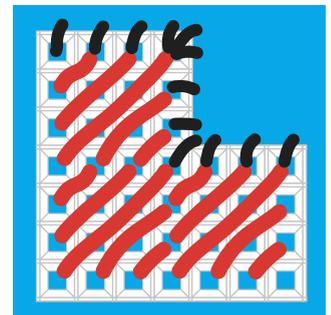


fig. 11

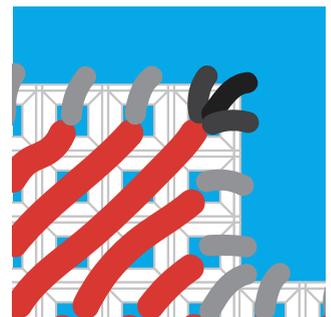
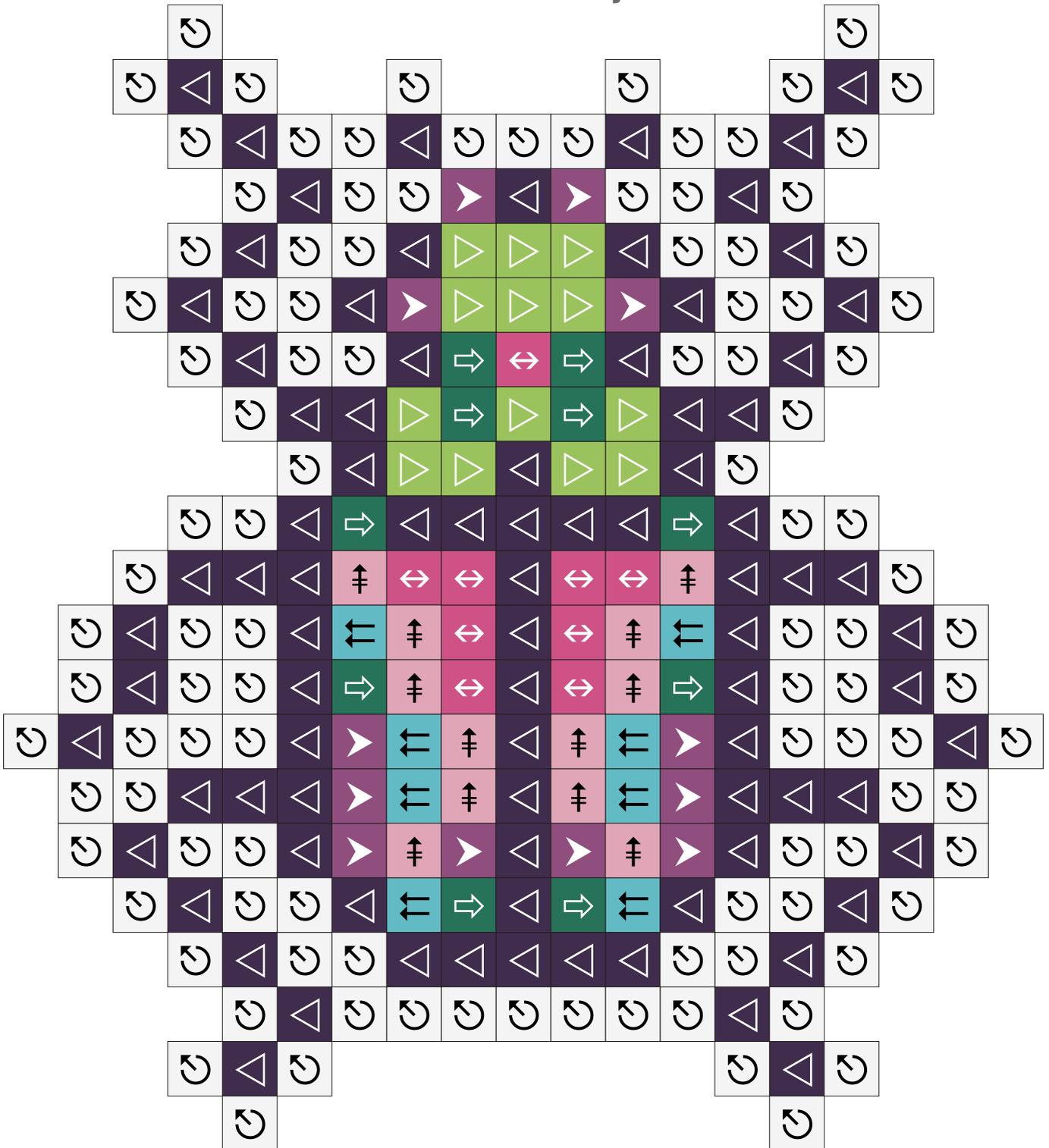


fig. 12

Now, on to the kit...

Insect #1

Color Key



Yarn Recommendations

Acrylic Yarn Medium 4

	Brands		Quantity	
	I Love This Yarn!	Red Heart	Yards	Meters
	Purple	Dark Orchid	10.4	9.5
	Hot Orchid	Lavender	1.5	1.3
	Hot Rose	Pretty N Pink	1.1	1
	Pink	Light Raspberry	1.5	1.3
	Jelly Bean	Paddy Green	1.2	1.1
	Limelight	Spring Green	1.6	1.5
	Turquoise	Turquoise	1	.9
	White	White	13.2	12.1
 Perimeter	White	White	7.1	6.5

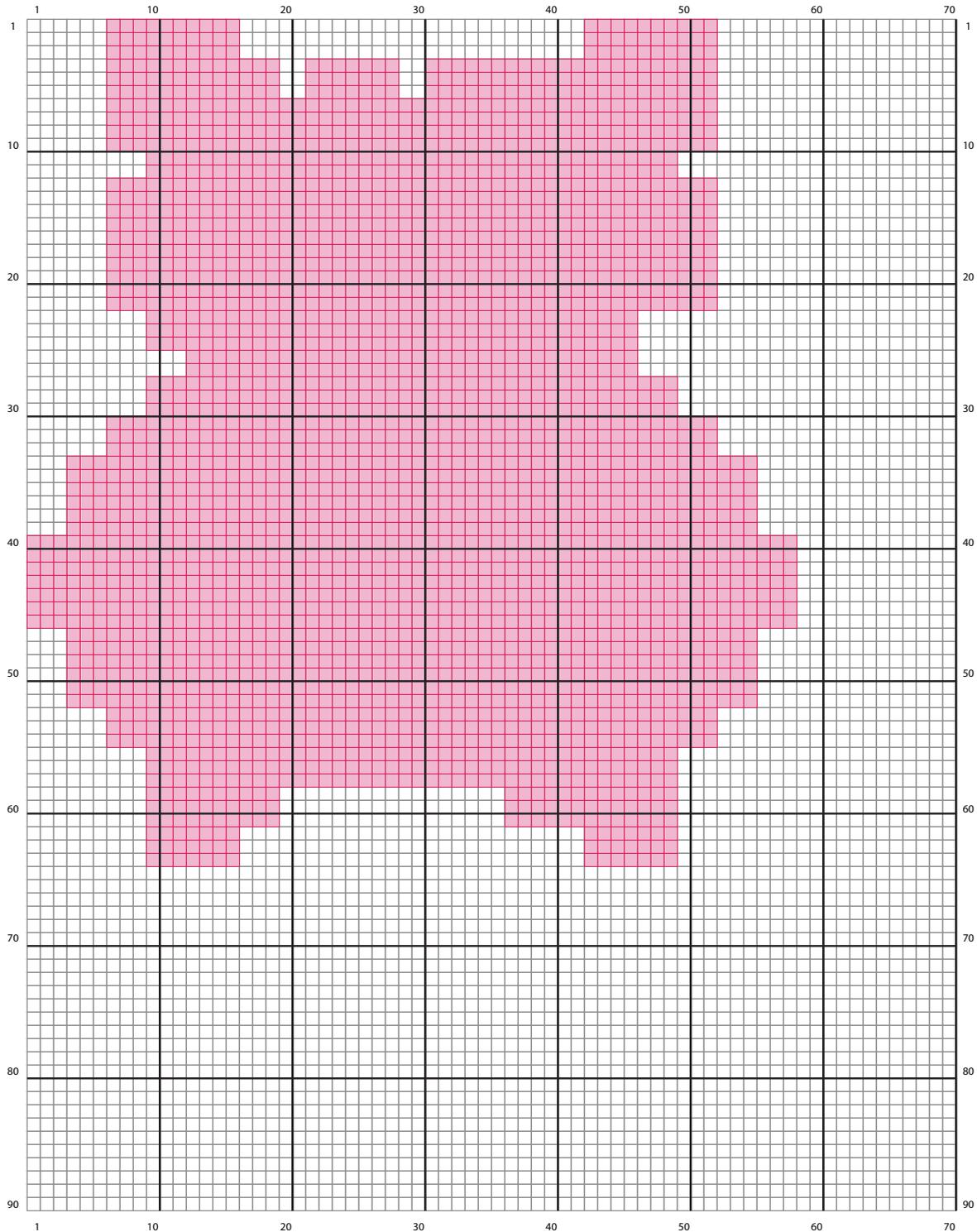
Colors may vary and look different in person.
Brand color substitutions are matched as closely as possible.

Cutting Plastic Canvas

Cutting plastic canvas is a breeze! Use scissors or a craft knife and you'll be done in no time. The cutting guide is super helpful - each square on the guide matches up with a square on your plastic canvas. To find where you need to cut, just count the number of squares on the guide. We've even added the square totals on longer edges to make counting even quicker!

Cut Guide

10.5 x 13.5 Canvas 7-Count



Check Out More Pixel Craft

8bitcrafts.com

 @8bitcraftkits

Thank you!

I can't wait to see your finished kit, don't forget to tag me on Instagram (@8bitcraftkits) when you share your masterpiece!

Happy crafting,
Robb

Tag me!

📷 @8bitcraftkits



Check Out More Pixel Craft

8bitcrafts.com

📷 [8bitcraftkits](https://www.instagram.com/8bitcraftkits)